



SAFETY WEEK 2

A Week of Fun Activities!

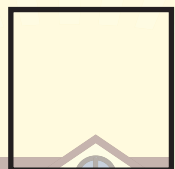
Daily activity helps build healthy bodies and minds!

Check off each activity and bring the checklist to the Bike Repair Event on October 3 for a free goody bag.

See how many you can do. One item for each week of activities turned in.

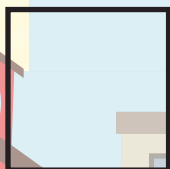
Monday

Walking to
School
I Spy



Tuesday

Walking to
School
Do's and Don'ts



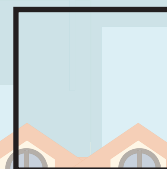
Wednesday

Walking to
School
Safety Maze



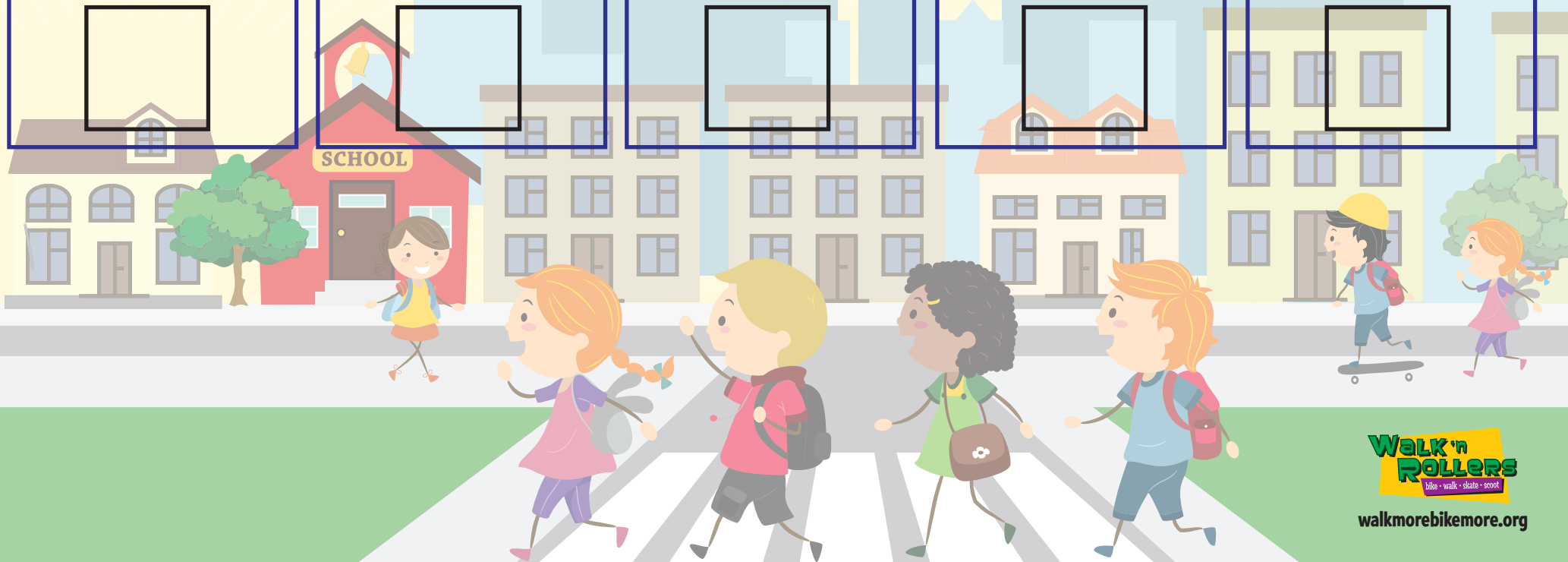
Thursday

Walk
Challenge #2
*Find the
nearest bus
stop*



Friday

Walking to
School
Checklist



walkmorebikemore.org

Walking to School is Cool!

I Spy - How many of these items can you find on your walks this week?



What is this called? _____

How many did you see? _____

Why is this important for walking safety? _____



What is this called? _____

How many did you see? _____

Which part is for pedestrians and which is for cars _____



What is this called? _____

How many did you see? _____

Why is this important for walking safety? _____



What is this called? _____

How many did you see? _____

Why is this important for walking safety? _____



www.WalkMoreBikeMore.org

Walking to School is Cool!

Walk to school Do's and Don't's.



Read each of the sentences below and circle whether it is a DO or a DON'T when out walking.

1.	Wear bright clothing to help you be seen.	DO	DON'T
2.	Look left-right-left when crossing the street.	DO	DON'T
3.	Cross the street at any location, even if there is no crosswalk.	DO	DON'T
4.	Make sure the driver notices you before you start to cross.	DO	DON'T
5.	Listen to music and play on your phone.	DO	DON'T
6.	At night, carry a flashlight or wear reflectors.	DO	DON'T
7.	Walk alone and don't worry about having an adult or buddy.	DO	DON'T
8.	Be polite to other pedestrians and don't shove or push them.	DO	DON'T
9.	Follow all traffic signals and safety signs.	DO	DON'T
10.	Look at all driveways to make sure no one is backing out.	DO	DON'T



Color in the picture and then write a sentence about how the kids are being safe when walking to school.



Metro



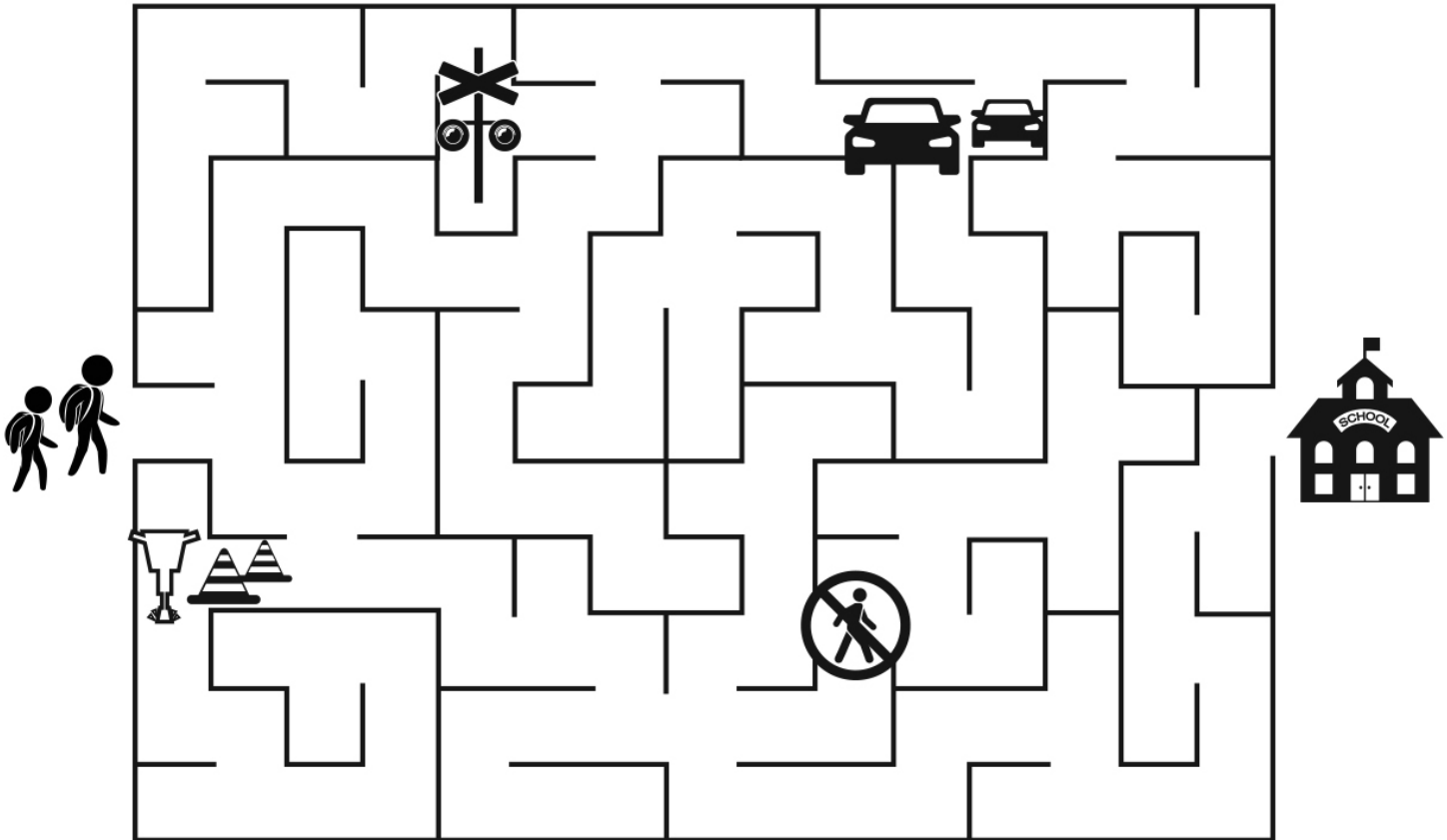
www.WalkMoreBikeMore.org

Walking to School is Cool!

Safety Maze: Find your way to school



Find the safest path through the maze to get to school.



What are some of the things you have to keep a look out for when you are walking to school?



www.WalkMoreBikeMore.org

Walk Challenge #2

Walk to your nearest bus stop. Draw a map showing how you got there.



www.WalkMoreBikeMore.org

Walking to School is Cool!

Walk to school checklist



Checkmark all the safe things you do when walking to or from school. Do you do all ten?

- ☐ I always walk with a parent or a friend.
- ☐ I only walk on sidewalks and in designated crossing areas; not in the street.
- ☐ I always look both ways before crossing the street.
- ☐ I am always alert and do not wear headphones or look at distractions.
- ☐ When I am crossing the street, I always look at the driver to make sure he or she sees me before I cross.
- ☐ I do not jaywalk to cross the street and only use designated crosswalks.
- ☐ I make sure to follow all traffic and safety signs.
- ☐ I wear bright clothing to help me be seen.
- ☐ I make sure to stay off railroad tracks and avoid places pedestrians are not allowed.
- ☐ I try not to walk at night, but if I have to I make sure I am not alone; I have a flashlight and I only walk on streets with a lot of lighting.

1.	Wear bright clothing to help you be seen.	DO	DON'T
2.	Look left-right-left when crossing the street.	DO	DON'T
3.	Cross the street at any location, even if there is no crosswalk.	DO	DON'T
4.	Make sure the driver notices you before you start to cross.	DO	DON'T
5.	Listen to music and play on your phone.	DO	DON'T
6.	At night, carry a flashlight or wear reflectors.	DO	DON'T
7.	Walk alone and don't worry about having an adult or buddy.	DO	DON'T
8.	Be polite to other pedestrians and don't shove or push them.	DO	DON'T
9.	Follow all traffic signals and safety signs.	DO	DON'T
10.	Look at all driveways to make sure no one is backing out.	DO	DON'T



www.WalkMoreBikeMore.org