

Bike Safety Video

Watch the video, Prepping Your Ride and answer the questions below.



Prepping your ride: ABC Quick Check: https://youtu.be/IBtKSIKM_Y8

What does “A” stand for: _____

Name one of the three things to check on your brakes: _____

If your chain is dry, what should you add to it? _____

Where would you find a quick release? _____

Why should you always check your bike before you ride? _____



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